

Motivation and Team Building Skills



Motivating directly influences productivity and job satisfaction. Motivation can be defined as the cause of action, as it energises human behaviour. This course offers a practical guide on what motivates and de-motivates individuals and teams. The content is designed to support the motivator to achieve the desired objectives by:

- Understanding people's motivations at work
- Grasp the theories of motivation and how they apply in the workplace
- Recognise what de-motivates
- Enhancement techniques to support positive motivation
- Different leadership styles to support motivation
- Motivational communications both verbal and non-verbal
- The team "life cycle"
- How to help your team through predictable stages
- Facilitation techniques to lead an effective team and create true "synergism"

Who Will Benefit?

Managers who are required to develop well-motivated people and teams

Course Outline

- Motivational theories
- Recognising individuals needs
- What de-motivates people
- De-motivation indicators
- Turning around de-motivation
- Applying the appropriate leadership styles
- Structural issues in team development
- The managers role during the different stages
- The fundamentals of team empowerment
- The collaborative decision-making process
- Action planning

Duration

½ Day

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